



HIGH BEECH BULLETIN



21st September 2018

“Nurturing Spirit, Developing Knowledge, Realising Potential”

Epping Forest Foodbank



Help support foodbanks with food and funds this Harvest!

Foodbanks rely on donations of both food and money to help them provide this vital service of supporting people facing a crisis within communities across the UK. Without your goodwill, foodbanks would really struggle to operate and that's why your support is needed more than ever this Harvest.

Please find below a “shopping list” of items. This list contains our foodbank’s top 10 most needed items. The idea is that **each person donate one item with a £1 coin attached to the item.**

- Tea 40/80 teabags**
- Coffee**
- Tinned Fruit**
- Tinned vegetables**
- Instant noodles**
- Pasta Sauce**
- Washing Powder**
- Deodorant**
- Tooth Brushes**

First Aid Training

There are still places available for parents/ carers/ grandparents at the First Aid Workshop on **Tuesday 25th September 9.30—11.30 a.m.**

This will be run by Danny Hyde an experienced first aid trainer.

Please let the office know if you would like a place.

Headteacher’s Awards

D’Arcy for super phonics

Sydnie for amazing listening skills

Brais and **Daniel** for excellent maths

Jaxon for fantastic maths



Nut Free School



Please remember when providing your child with a packed lunch that we are a nut free school as we have several children with nut allergies.

Dates for your Diary

Tues 25th Sept	First Aid Training for Parents	All parents/carers	9.30—11.30
	First Aid Workshop	Silver Birch Class	p.m.
Friday 28th Sept	Sharing Assembly -Literacy and maths	All parents/ carers	2.30 p.m.
Wed 3rd Oct	Phonics Workshop	Parents/ Carers from Acorn Class	9.15 a.m.